FREE PRINTABLE TRACKER

My 30-day challenge

Works for any 30 or 31-day art challenge · write in your prompts, tick each day



31 DAYS

Challenge _____ Month _____ Hashtag _____

1 ☐ prompt / date	2 ☐ prompt / date	3 ☐ prompt / date	4 ☐ prompt / date	5 ☐ prompt / date	6 ☐ prompt / date
7 ☐ prompt / date	8 ☐ prompt / date	9 ☐ prompt / date	10 ☐ prompt / date	11 ☐ prompt / date	12 ☐ prompt / date
13 ☐ prompt / date	14 ☐ prompt / date	15 ☐ prompt / date	16 ☐ prompt / date	17 ☐ prompt / date	18 ☐ prompt / date
19 ☐ prompt / date	20 ☐ prompt / date	21 ☐ prompt / date	22 ☐ prompt / date	23 ☐ prompt / date	24 ☐ prompt / date
25 ☐ prompt / date	26 ☐ prompt / date	27 ☐ prompt / date	28 ☐ prompt / date	29 ☐ prompt / date	30 ☐ prompt / date
31 ☐ prompt / date					

Notes, supplies & favorite days

Days done _____ / 31 **Best streak** _____

thepromptcalendar.com
Free trackers & prompt lists for every art challenge

Doing a 30-day challenge? Use boxes 1–30 and keep 31 as a bonus day. Find your next challenge at thepromptcalendar.com.